



Whitecap Care Expands Reach with Acquisition of Family Insight, P.C.

Fairfax, Va. – June 25, 2025 – Whitecap Care and Autism First, a leading provider of innovative healthcare services with a focus on Autism, is excited to announce the acquisition of [Family Insight, P.C.](#), a highly respected provider of Autism Care, Outpatient Services, and Value-Based Care. This strategic acquisition further enables Whitecap Care to expand its mission to provide accessible, quality care to individuals and families.

“We are excited to welcome Family Insight to the Whitecap Care family, representing a significant milestone in our commitment to providing specialized, compassionate care to individuals across the continuum,” says Jeff Shiring, Founder, Whitecap Care. “The acquisition of Family Insight’s 7 clinics and additional statewide at-home services expands the Whitecap Care footprint in the Autism care model and provides us entrance into the Outpatient Care sectors and the very exciting space of Value Based Care.”

Specifically, the acquisition strengthens Whitecap Care’s autism care capabilities, complementing its existing network of clinics under [Autism First](#), bringing the total to 9 clinics and offering statewide coverage for both in-clinic and at-home care. Outpatient counseling services add to our list of services and Value-Based Care adds our ability to help reduce overall healthcare costs.

“We’re looking forward to building on this foundation for years to come,” says Shiring.

Samuel Gray, Owner, Family Insight, P.C., says, “After almost 36 years, it’s time for a new chapter, and I’m confident that Jeff and the Whitecap Care team are well-qualified to continue the path forward with Family Insight and its dedicated employees. I want to thank my staff for their loyalty and commitment to the clients we’ve served. It’s been a pleasure working with all of you, and I will remain with the company as a special advisor during this transition.”

About Whitecap Care

Whitecap Care is dedicated to providing innovative and compassionate healthcare services that meet the evolving needs of individuals and families. With a focus on Autism, Outpatient, and Value-Based Care, Whitecap Care operates a growing network of clinics and at-home services to ensure comprehensive care for those it serves.

About Family Insight, P.C.

Family Insight, P.C. is a trusted provider of Autism, Outpatient, and Value-Based Care, with a network of clinics and statewide at-home services. The company has earned a reputation for delivering high-quality, personalized care to families across the region.